

The Words of Hanuman Das

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In reality, your world is set up so that nothing happens to you, but everything happens for you – for your awakening, for your growth, for your inspiration, for your exploration – even if you forget that, or sometimes cannot see it, or sometimes fall into distraction and despair.

When there is no fixed destination, you cannot ever lose your destination, so you cannot ever lose your path, so nothing that happens in your life can take you off your path. Your path IS what happens, and what happens IS your path. There is no other.

Everything is a gift on this unbreakable path that you call your life – the laughter, the tears, the times of great sorrow, the experiences of profound loss, the pain, the confusion, the times you believe you'll never make it, even the overwhelming heartbreak of love – even if you forget that sometimes, or cannot see that sometimes, or lose faith absolutely in the entire show sometimes.

But even the loss of faith in the show is part of the show, and even the scene where 'something goes wrong' is not indicative of the show going wrong, and so you are always exactly where you need to be, believe it or not, even if you are not.

Life can be trusted absolutely, even when trust seems a million light-years away; and life cannot go wrong, for all is life, and life is all. Understand this, know it in your heart, and spirituality is profoundly simple, as simple as breathing, as natural as gazing up at the stars at night and falling into silent wonder. The universe is more beautiful than you could ever imagine.

